45. The name of Lower Guinea has been applied, by way of distinction, to several separate kingdoms on the South Western coast of Africa, lying between the Gulf of Guinea and that long line of sterile coast, just described as stretching between them and the colony of the Cane of Good Hone; the whole of the interior is called Congo by the natives, and the same language, the same laws, and the same customs, prevail through every part of it. The Portuguese, in 1847, were the first to discover these regions, and their government subsequently sent over several large bodies of troops to conquer the country, together with numbers of missionaries to convert the natives. They have been unable, however, to effect any permanent establishments, excepting a few forts and factories for carrying on the slave trade; nor is there left the smallest trace of those numerous conversions, such long accounts of which were published by the missionaries of the Church of Rome. The principal kingdoms or states included under the appellation of Lower Guinea, are Benguela, Lubolo, Matamba, Angola, Congo. and Loango; these contain a superficial extent of about 295,200 square miles, and a very doubtfully estimated population of about 4,000,000 souls.

46. Benquela is the Southernmost of these kingdoms, and extends along the coast from Nourses River to the N. of the country of the Damara's, (a name given to various Hottentot and Kaffir tribes dwelling between it and Orange River), and the Coanza: its chief town New Benquela, or St. Philip de Benquela, as it is also called, stands about midway down its coast; it was built by the Portuguese, has an excellent harbour, and a population of about 3,000, which, being principally dependent on the slave trade, has been decreasing for some years. The valley in which it is situated. as well as the entire coast of Benguela, is extremely fertile. Novo Redondo, situated further North, was built by the Portuguese, on a lofty rock, and still further N. is the remains of Old Benquela, the former capital; they had other settlements both on the coast and in the interior. The two states of Lubolo and Matamba lie to the N. E. of Benguela, near the sources of the rivers Coanza and Barbela, or Eastern Congo: the latter is inhabited by a bold race of savages, called Giagas or Cassanges, who are also to be met with in some of the other states, and whose adroit ferocity has rendered them the terror of this part of Africa. Angola lies between the rivers Coanza and Danda, being bounded on the S. by Benguela, on the E. by Matamba and Lubolo, on the N. by Congo, and on the W. by the Atlantic: but the name of Angola is sometimes applied by the traders to the whole coast of Lower Guinea. Its chief town is St. Paul de Loando, which is situated on the coast, and contained 18,000 inhabitants; it was the capital of all the Portuguese possessions in Lower Guinea, and a well-built, handsome town, though now almost in ruins; its harbour is excellent, being sheltered by the island Loando. The Coanza is a large river flowing through a fertile country, and having its rise in an elevated table land near the source of the Zambeze. Between Angola on the S. and Loango on the N. lies Congo properly so called, the largest of all the states in this part of Africa; it is bounded on the N. and E. by the two arms of the Zaire, or Congo, a great river 4 miles miles wide, 90 leagues from the sea, having its middle course through fertile valleys, and its lower through plains covered with abundant vegetation; on the S. by the Danda, and on the W. by the Atlantic Ocean. The country of Loango lies to the N. of Congo, extending as far as the Equator. Loango, or Booali, as it is likewise named, the chief town and the residence of the sovereign, is situated on the sea-coast, and is stated to contain 15,000 inhabitants; it was formerly a place of great consequence, from the trade carried on there in slaves.